

Bargain cuts and manly conversation are still to be found all across the nation

A HALLMARK HALL ... FAME PRESENTATION

INSIDE:

- Dr. Marjorie Roper, a longtime physician
- Kevin Guest House
- Easy pot roast



THE VALLEY OF LIGHT SUNDAY JANUARY 28 9/8c @(1)S





Whatever happened to the teacher from Mill Val-

ley, Calif., who made a hit Rita "Mill Valley" Abrams record in the 1970s with her elementary-school class? I think her name was Rita Abrams.

-Carolyn Scneider, Laurel, Mont.

Back in 1970, Abrams, a third-grade teacher at Strawberry Point Elementary School in California's Marin County, recorded an album with her class, and the result was the surprise smash single "Mill Valley." She went on to make several other children's recordings, win two Emmys and numerous other awards for her music, compose greeting cards and write plays. She still lives in Mill Valley, despite the last line in her song that says "there may come a time I'll have to leave." Abrams smiles and says, "But I never did."



Andy Griffith (center) starred in the short-lived Salvage 1.

There once was a TV show or movie about a salvage yard owner who built a rocket ship. I think it starred Andy Griffith and was set in the 1970s. Can you help me with the name of the show? -Jim Key, Conway, Ark.

Salvage 1 was a 1979 TV movie that kicked off a comedyadventure series about a junkyard owner, played by Andy Griffith, who built a spaceship and went to the moon to bring back debris left behind by Apollo lunar excursions. Subsequent missions found the Salvage 1 crew back on Earth, rounding up rare island monkeys, destroying a killer iceberg, exploring a haunted mansion and snatching a downed U.S. bomber from an army of Japanese bandits who never found out World War II was over. The series wasn't a hit and lasted only a few episodes before the network pulled the plug.

Does Wes Studi have any plans to star in another movie, and is he really an American Indian?

-P. Anderson. Mariposa, Calif.

Yes, Studi is a Cherokee Indian who grew up in northeastern Oklahoma and didn't begin his acting career until he was 40 years old. One of his first movies was Danc- Wes Studi didn't begin



es With Wolves, in which he acting until he was 40. played a memorably malevolent Pawnee leader. He lives in Santa Fe, N.M., and you can see him soon in the upcoming CBS mini-series Comanche Moon, a prequel to the made-for-TV Western classic Lonesome Dove.

What can you tell me about Tanya Memme of Sell This House? How did she get her job?

-Shirley Shoukletovich, Benton, Ky.

Prior to the A&E TV series Sell This House (and also Move This House), Memme hosted the weekly Los Angeles show

Eye on L.A. and then Robotica on The Learning Channel. A former Miss World Canada, she's also had guest-star roles on JAG, The Practice and CSI Miami, costarred on The Young and the Restless and appeared in several independent movies. Memme, 35, is an outdoor enthusiast who once rode in a 420mile bike trek from Montreal, Quebec, to Portland, Maine, to raise money for AIDS research. She recently purchased her first home and says she enjoys being her "funny, goofy" self on Sell This House.

* Cover photo by Mike Gullett



hosts TV's Sell This House.

■ Want to know more about a celebrity or public figure?

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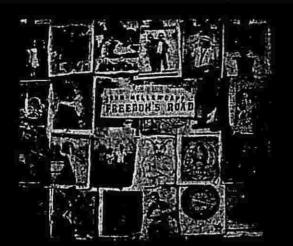
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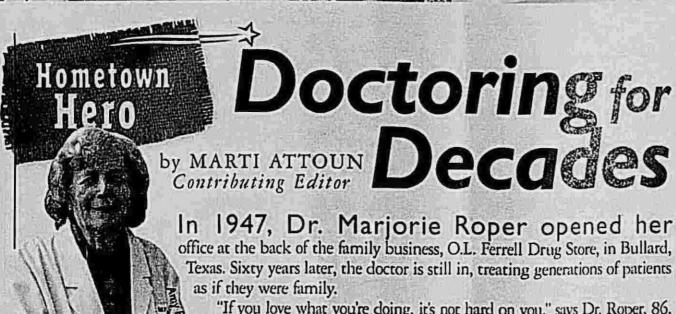
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SUNDAY JANUARY 28 9/8c PG





"If you love what you're doing, it's not hard on you," says Dr. Roper, 86, from her office in the former drug store, now the Ferrell-Roper Clinic.

Sitting on an old wooden milking stool, she questions patient Opal Snipes about her dizzy spells. Dr. Roper rests a gentle hand on Snipes' arm and asks, "Did you go to church yesterday?" She knows that her longtime friend attends faithfully if she's up to it.

Snipes, 83, sighs. "No. I didn't feel like it."

After an examination, Dr. Roper adjusts Snipes' bloodpressure medicine and prescribes a game of chicken foot, a dominoes get-together that the doctor hosts each month at her home for about a dozen 80-something women.

Before leaving, Snipes hugs the doctor and tells her she

"I love you, too," Dr. Roper says. "You know I do."

The doctor's love for medicine developed as a child growing up in the drugstore and watching her father, called "Doc" by the locals, fill prescriptions and suggest tonics to help ease the suffering of the townspeople. At age 12, Marjorie began making house calls with the town doctor after he suffered a stroke that impaired the use of his hands.

"The doctor would stay up at the drugstore reading Western magazines until he got a call," Dr. Roper says. "I'd go with him and he'd let me help suture." One of her first patients had cut the full length of his leg in a wagon accident and she stitched the wound, which healed perfectly.

After earning her medical degree from the University of Texas in Galveston in 1943, Dr. Roper returned to Bullard (pop. 1,150) and began delivering babies and treating every ailment imaginable. Many patients couldn't afford the \$2 visit and paid with a bushel of sweet potatoes or fresh garden peas.

"They're really good country people," Dr. Roper says about her patients. She still doctors people who can't afford to pay and continues to make house calls, if needed, in her '93 Chevrolet.

"Oh, listen, she was a lifesaver then and still is," says patient Dollie Taylor, 80, who will never forget a call from the good doctor one Sunday morning 50 years ago when her 10-year-old daughter, Diane, had severe abdominal pain.

"Dr. Roper told me to keep an eye on her and to call back at a certain time," Taylor says. "I thought maybe Diane had eaten something bad and I was dragging my feet. Next thing I knew, Dr. Roper showed up at my door."

Within an hour, her daughter was in surgery for an emergency appendectomy.

In the early years of Dr. Roper's practice, miracle drugs were few. "We had sulfa drugs and didn't get penicillin until after World War II," she says. "I doctored symptomatically and with prayer."

Today, the doctor dispenses the latest medications and works with her daughter-in-law and nurse practitioner, Linda Roper, 56. Still, much about the practice hasn't changed. While the pharmacy closed three years ago and the soda fountain fizzled in May, the drugstore's original fixtures remain. Floor-to-ceiling cabinets with pigeonholes and drawers contain prescriptions, written in graceful script of the 1920s and filled by Dr. Roper's father.

The doctor's office, with knotty-pine paneled walls and a worn wooden desk, is a gallery of family photos, including her four children. Dan, an ophthalmologist, lives in Fort Walton Beach, Fla. The other three-Harriet Page, a special-education teacher, Richard, retired from the U.S. Air Force; and Tom, a corporate pilot-live in Bullard. A granddaughter, Amy McKeethan, 36, works as her office manager.

"Grandma's patients are just like her family," McKeethan says.

Dr. Roper gives her a squeeze and nods in agreement as she continues down the narrow hallway—the same path she's walked for six decades—to see the next patient.

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Dr. Marjorie

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The Search Is On For The Best "Crowd Pleasing" Recipes

That's right! For our newest National Recipe Contest, we're calling for the best original "Get-Together" recipes in the country! These are the recipes you've shared with rave reviews at family reunions, community potlucks or church suppers. We're looking for the best appetizers, main dishes, desserts or any other special dish you love to make - we'd love to include it in our new cookbook: THE AMERICAN PROFILE HOMETOWN "GET-TOGETHER" COOKBOOK.

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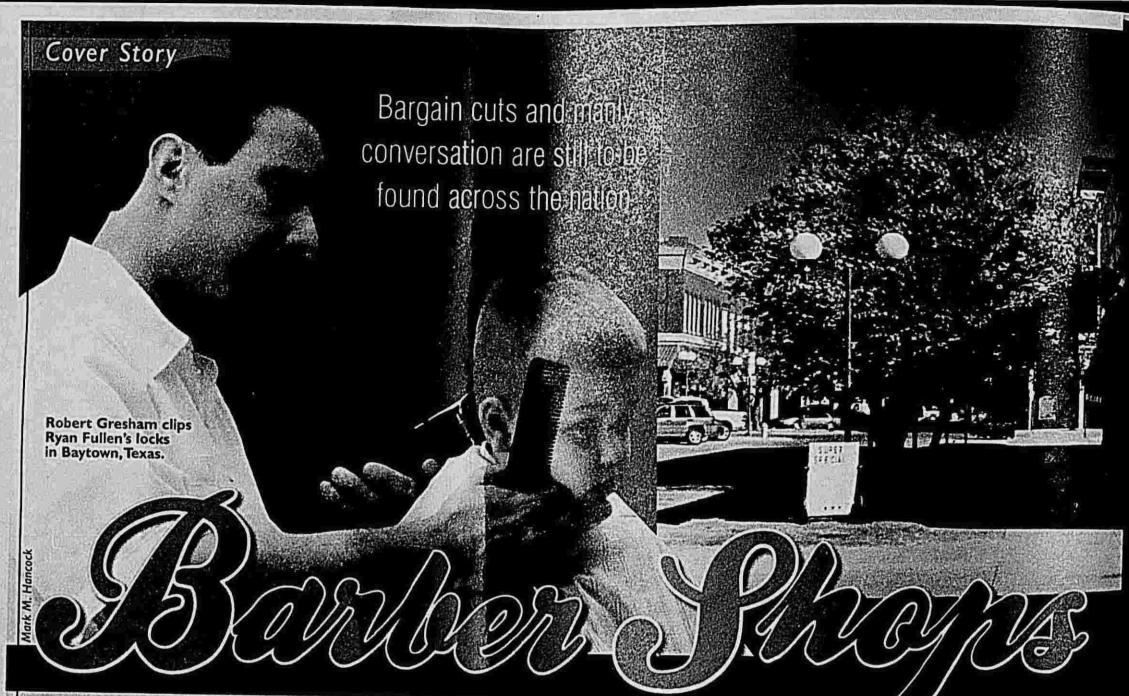
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Jimmie Jackson, 71, settles into the chair at Gino's Barber Shop in Jackson, Calif., and doesn't say a word about the haircut he wants. After all, he's been coming to Gino's since Harry S. Truman was president.

Besides, Gino Ricci doesn't offer any newfangled hairstyles; he only cuts "short" and "shorter." "I do a standard haircut and a 'high and tight," says Ricci, 83, wrapping a plastic cape around Jackson. "And a guy who asks for a mirror while I'm cutting his hair is trouble."

Gino's Barber Shop on Main Street in Jackson (pop. 3,989) is an old-fashioned holdout and hangout—a manly man's barbershop that buzzes with the sound of electric clippers and barbershop banter.

"I don't cut ladies' hair, but one day a lady came in here," Ricci says. "I said, 'You've got a beautiful head of hair and I'd hate to ruin it.' I said, 'When I run my hands through a woman's head of hair, I lose all control.' She was up and shot out of here."

Jackson chuckles, though it's likely that he's heard the story before in his 55 years of sitting in the barber chair.

"I don't know what I'll do when he goes," Jackson says of Ricci. "I'll have to get a roundtrip ticket to heaven."

Men wait their turn in four chairs that line the back of the 12-foot-wide barbershop, talking about the weather, bragging on their grandchildren, and bemoaning the price of gasoline.

Ricci has worked as a barber for 66 years and inherited the trade from his father, Basilio, who opened the



Gino Ricci has barbered in Jackson, Calif., since 1941. shop in 1913.

Not much about the barbershop has changed through the decades, other than the cost of a haircut. Ricci hiked the cost 50 cents last year to \$10.

An old placard in the window lists prices from the 1950s: Adult, \$1.50; Children, \$1.25; Shave, \$1.25; Massage, \$1.50. Ricci wrote "Once Upon A Time" above the vintage price list.

An honorable profession

While old-fashioned neighborhood barbershops are fading into history, the barbering business as a whole is growing at a steady clip.

"Short hair is in and our barber schools are full," says Charles Kirkpatrick, 67, executive officer of the National Association of Barber Boards of America, based in Arkadelphia, Ark.

Today, there are 220,000 barbers in the United States,

up from a low of 190,000 in 1974 when long hair and beards were popular for men. The face of the barber and the barbershop, though, is changing. Forty percent of barber students are female and the barbershop is likely to be part of a chain.

"Barbering is the oldest honorable profession in town,"
Kirkpatrick says. "There's a trust and a bond with the
barber. You step into that person's chair and trust that
person with your hair and to put a razor to your neck.

"It happens at every little nook in America."

A shave and a haircut

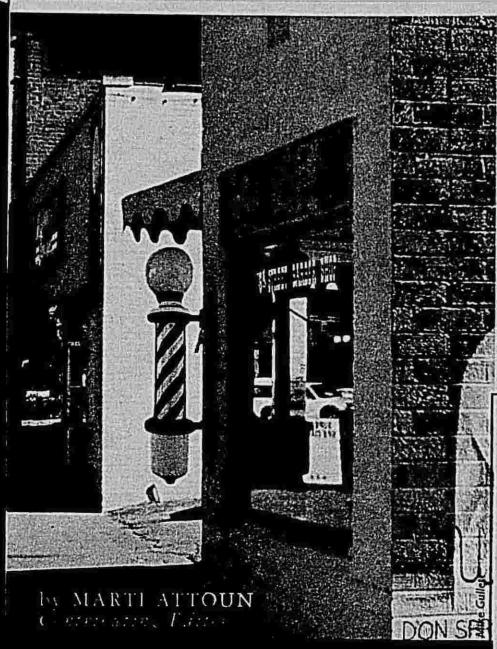
In Coffeyville, Kan. (pop. 11,021), a red, white an blue barber pole twirls on the front of the Ninth Street Barber Shop, where men drift in throughout the day an wait in the brown leatherette chairs lining three walls

Longtime customer Leonard Howard, 69, strikes us a conversation with Harold Schafer, 70, who has drive to town for a haircut. "Hey, are you the guy who almo punched me in the third grade?" Howard asks Schafe

Schafer nods sheepishly.

Neither can remember what the childhood tiff was about and they enjoy the camaraderie of the barbershot talking like old friends about the latest University Kansas football game and lamenting the loss of down businesses.

The Ninth Street is the last of the independent neighborhood barbershops in Coffeyville, "When I came hin '64, we had 17 shops and 22 barbers," says owner Jo Mills, 62. "We used to have a barber union and all of



prices and hours stayed together."

Most men who visit one of the shop's three barbers request a standard "shorten it up" or a buzz cut or flattop. Some need their mustaches and beards trimmed, and a few have special requests.

"A guy came in one day and wanted me to shave his back," says barber Bob McBeath, 69. He obliged, and didn't even charge him.

Heads and horns

in Is Heads of hair are cut beneath a gallery of wildlife at the Trophy Barber Shop in Baytown, Texas (pop. 66,430), where a menagerie of 105 bass, bison, brown bear, moose, wild boar, wildebeest and other creatures are mounted on the wall. A 10-foot-tall polar bear, with a seal draped over its feet, guards the front door, and clustered on the ceiling are 750 sets of deer antlers.

"When I bought the shop, all the heads came with it," says Randall Ashby, 69. "It's kind of a landmark." The late owner, Jimmie

Trophy Barber Shop owner Randall Ashby with Nigel J. Moyer, 9



www.americanprofile.com . Page 7

Carpenter, was a big-game hunter who opened the barbershop in 1948. When his wife tired of dusting his safari souvenirs at home, Carpenter moved them to the barbershop.

The wildlife trophies, mingled with vintage hunting and fishing photos, fit perfectly in the shop where outdoorsmen have an attentive audience for their larger-than-life tales.

"More fish are caught here than in the water," quips Robert Gresham, 35, one of six barbers clipping away.

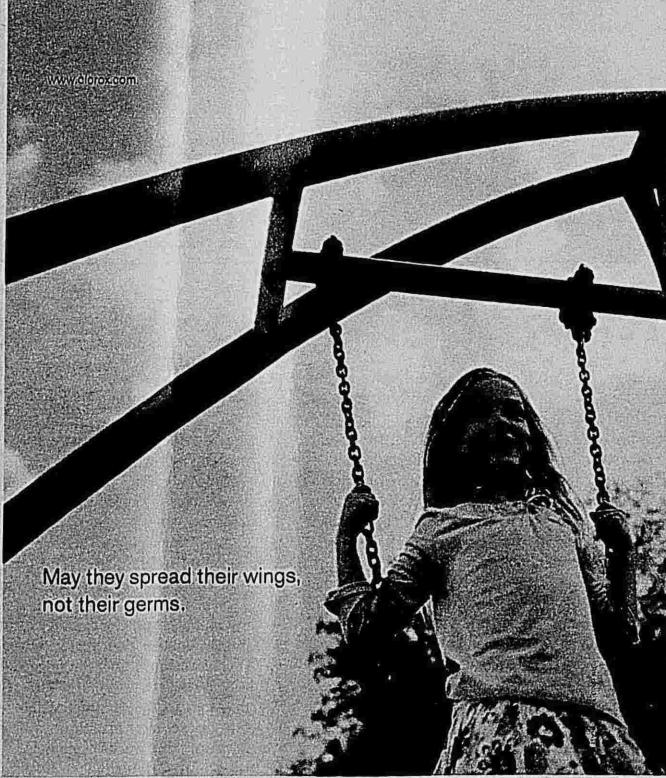
Customer Jason Maris, 31, says "another good cold front and those flounder will be moving" in the Gulf of Mexico. He caught a 3-pounder on his last fishing trip.

"My dad cut my hair in elementary school and once I graduated from the bowl cut, I came here," says Maris, of Baytown, who started coming to the shop at age 12. "It's hard to beat the old Trophy. I love the animals."

The popular hangout helps men spiff up from head to toe. John Cooper, 75, has been shining cowboy boots and shoes at his shoeshine stand in the back since 1964.

The barbers offer shaves, too. Joel Miller, 31, tips back in his chair and closes his eyes as Gresham places steaming hot towels on his face to soften his whiskers. The barber swaddles his client's face with warm shaving cream from a lather machine, then carefully removes whiskers with a straight razor.

"It's relaxing," says Miller, a third-generation customer in Baytown. The shave cost \$10.50, the (Continued on page 9)





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same as a haircut. "My first haircut was here and my first shave was here. It's a one-of-a-kind place, I'll say that."

Straggly hairs, wherever they sprout on a man's face, get snipped at the Trophy Barber Shop. "Some guys don't want to look like Andy Rooney," says barber Rick Falconi, 56, as he snips at the bushy eyebrows on an older man.

The youngest generation of guys enjoys visiting the old-time men's barbershop, too. Ryan Fullen, 3, perches on a booster board while getting a flattop. Ryan's big brown eyes stare right back at the stony-eyed moose.

"He loves coming here," says his mother, Gail Fullen, of Baytown. "This is all he's talked about all morning.'

Though classic barbershops aren't as common as they used to be, the twirling barber pole always will be a welcome sign in hometown America, as long as men need a "little off the top" and a place to have serious—and not-so-serious-conversations.

"Men know exactly what they're getting when they come in here," Falconi says.

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The Institute of Children's Literature has successfully trained more new writers to meet the needs of this market than any other institution. Its unique program turned my dream into reality, and I became one of more than 11,000 Institute graduates who have published children's stories, articles, and books, including prestigious award winners. Now I'm using my skills at the Institute to train promising new writers.

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Now, as a nationally published author of 7 children's books and over 500 stories and articles, I enjoy



helping aspiring writers—as I was helped-to change their dreams into bright reality.

A nationally published author or editor is your one-on-one writing and selling coach

If you are accepted, you will be assigned a personal instructor who is a successful author or experienced editor-and who becomes your energizing spark plug and deeply committed writing and selling coach. We all work the same way.

When you've finished an assignment at your pace, you send it to me. I edit it line-by-line and send you a detailed letter explaining my edits.

I point out your strengths, help eliminate weaknesses, and even show you how to turn bits of your everyday life into saleable writing. You push and I pull, and between us both, you learn how to write-and how to sell what you write.

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"Little did I suspect I was about to be offered a new lease on life," writes Maribel de Suarez, Vega Baja, PR. "While still a student, I sold Assignment 5 and another piece for \$1,750 and bought a computer.

When I turned 80, I sold a collection of 15 stories and another book. . . . It was a dream come true. . . . '

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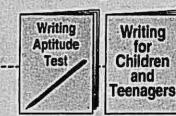
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Patricia Pfitsch, a graduate of our course, has published 552 stories and articles, plus 7 books, including 3 award-winning novels and an Edgar nominee. She is also an instructor at the Institute.



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Hydrogen Peroxide Can Heal What?

(SPECIAL) - Medical science has discovered that hydrogen peroxide is more than just a disinfectant, it's an amazing healer. Many doctors are using hydrogen peroxide to treat a wide variety of serious ailments such as: heart problems, clogged arteries, chest pain, allergies, asthma, migraine headaches, vascular headaches, cluster headaches, yeast infections, type II diabetes, emphysema, chronic pain syndromes, and more.

Average consumers are also discovering that hydrogen peroxide has tons of health, beauty and household uses. A new handbook called "The Amazing Health and Household Uses of Hydrogen Peroxide" is now available to the general public. It shows you home remedies using diluted hydrogen peroxide and how to mix it with ordinary household items like baking soda, lemon, vinegar and salt to

- Soothe ARTHRITIS PAIN
- Make SORE THROATS feel better
- Ease the pain of BEE STINGS and INSECT BITES
- Treat ATHLETE'S FOOT
- Ease the PAIN OF RHEUMATISM
- Clear up FUNGUS and MINOR INFECTIONS
- Help treat minor BURNS
- Treat BRUISES and RASHES
- Soothe ACHING MUSCLES, JOINTS & SORE

Hydrogen peroxide is truly amazing. Scientists have found it is involved in virtually all of life's vital processes. It stimulates the immune system, helps your body fight off viruses, parasites and bacteria. It also regulates hormones and is involved in the production of energy in the body's cells. That's just a few of the amazing things it does.

It's also a great alternative to harsh toxic chemicals and cleaners around the house. "The Amazing Health and Household Uses of Hydrogen Peroxide" also shows you how to make easy peroxide recipes for:

- · A powerful bleaching formula for formica
- · A fantastic homemade scouring powder
- · The perfect drain cleaner for clogged drains
- A dishwasher detergent that makes dishes gleam
- An oven cleaner that eliminates elbow grease
- · A great rust remover formula
- · A tile cleaner that works like magic
- A little known formula that really cleans old porous tubs
- · A solution to help house and garden plants flourish
- Use this formula to clean your pets
- · This spray keeps a leftover salad fresher
- · Ever wonder what happens to meats and fish before you bring them home? Here's a safetywash for meat and fish
- A spray that's great for sprouting seeds

- · Here's a sanitizing vegetable soak
- · A denture soak that works great
- A tooth whitener that makes teeth sparkle
- A super polish for copper and brass
- · A spot lifter for coffee, tea and wine stains

You'll learn all this and more in this remarkable book. In addition, you also get an extensive list of qualified doctors across the United States and even some in Canada who regularly use hydrogen peroxide in their practices to treat serious ailments.

Right now you can receive a special press run of "The Amazing Health and Household Uses of Hydrogen Peroxide" for only \$8.95 plus \$2.00 postage and handling. You must be completely satisfied, or simply return it in 90 days for a full refund.

HERE'S HOW TO ORDER: Simply PRINT your name and address and the words "Hydrogen Peroxide" on a piece of paper and mail it along with a check or money order for only \$10.95 to: THE LEADER CO., INC., Publishing Division, Dept. HPT513, P.O. Box 8347, Canton, OH 44711. VISA, MasterCard, send card number and expiration date. Act now. Orders are fulfilled on a first come, first © 2004 The Leader Co., Inc. served basis.

(Continued from page 7)

same as a haircut. "My first haircut was here and my first shave was here. It's a one-of-a-kind place, I'll say that."

Straggly hairs, wherever they sprout on a man's face, get snipped at the Trophy Barber Shop. "Some guys don't want to look like Andy Rooney," says barber Rick Falconi, 56, as he snips at the bushy eyebrows on an older man.

The youngest generation of guys enjoys visiting the old-time men's barbershop, too. Ryan Fullen, 3, perches on a booster board while getting a flattop. Ryan's big brown eyes stare right back at the stony-eyed moose.

"He loves coming here," says his mother, Gail Fullen, of Baytown. "This is all he's talked about all morning."

Though classic barbershops aren't as common as they used to be, the twirling barber pole always will be a welcome sign in hometown America, as long as men need a "little off the top" and a place to have serious-and not-so-serious—conversations.

"Men know exactly what they're getting when they come in here," Falconi says.

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Write Children's Books

By Patricia Pfitsch

f you've ever dreamed of writing for publication, this may be your best chance to turn that dream into a reality. If you qualify and show promise, we'll teach you—the same way I was taught how to break into one of the most rewarding of all markets for new writ-

The \$3 billion children's market

The continued success of publications for young people has led to a growing need for new writers to help create the \$3 billion worth of children's books published each year, plus stories and articles for more than 600 magazines.

"But am I good enough?"

My dream of writing professionally while raising three kids on a farm was once bogged down in the same kind of uncertainty you may have experienced.

Then, an ad for the Institute seemed to offer the writing and selling skills I needed. I passed its test and entered into a richly rewarding relationship with an author-instructor, which was a major turning point in my life—as I hope it will be in yours.

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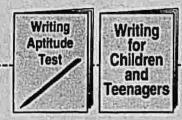
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from SANDRA H. BENNETT

World's Easiest Pot Roast Dinner

"This method of cooking

an inexpensive cut of meat makes it so tender that this recipe quickly became one of our favorite meals. It is assembled very quickly, in 15 minutes or less, and then requires no more attention until it is done."

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World's Easiest Pot Roast Dinner

- I (3- to 4-pound) boneless chuck roast or arm roast
- large russet potatoes, quartered
- celery stalks, cut in 2-inch pieces
- pound baby carrots
- (1.25-ounce) package onion soup mix
- (14-ounce) can whole peeled tomatoes, sliced in thirds and liquid reserved
- Preheat oven to 275F.
- 2. Prepare a 15-by-10-inch baking dish by laying two 24-inch-long pieces of heavy-duty aluminum foil crosswise in the dish. Lay roast in center and arrange potatoes, celery and carrots around roast.
- 3. Spread contents of onion soup mix over top of roast. Place tomatoes on top. Add water to reserved tomato liquid to fill the can and pour over vegetables surrounding roast. Bring ends of foil together all around, creating a seal so that juices do not escape.
- Place dish in oven and roast for 8 hours. Transfer roast to serving platter, surround it with vegetables and spoon pan juices over everything.

Note: To decrease cooking time, preheat oven to 325F and roast for 3 hours. Serves 6.

Vinegar Can Be Used For WHAT?

CHICAGO (Special) - Research from centers around the world report what ancient healers knew thousands of years ago -- that vinegar is the wonder elixir for a healthier life.

Since ancient times a daily dose of apple cider vinegar has been taken to control appetite and maintain well-being.

Even Japan's feared Samurai warriors of years ago relied on a vinegar tonic for strength and power. A tonic you can make in your kitchen.

Today, countless reports and scientific studies praise the curative and preventive powers of vinegar as part of our daily diet.

And now after long research, for the first time, over 300 vinegar super-healing home remedies and recipes have been gathered by noted natural health author Emily Thacker in her exclusive new book, "The Vinegar

It's the most complete collection since the discovery of vinegar 10,000 years ago.

You'll learn how to control your appetite to lose weight with a meal-time vinegar cocktail.

Find trusted home remedies to beat colds, ease painful arthritis, and other joint

Vinegar is nature's own drug-free antiinflammatory.

Scientific tests show organic vinegar is a natural storehouse of vitamins and minerals, including beta carotene -- over 93 different components -- to fight what ails you.

More than 70 different research studies have verified that heta carotene lowers the risk of getting cancer and it boosts the hody's immune system.

When fresh apples are allowed to ferment organically, the result is a vinegar that contains natural sediment with pectin, trace minerals, beneficial bacteria and enzymes.

And pectin helps your body reduce cholesterol levels to lower the risk of cardiovascular disease.

"The Vinegar Book" will amaze and delight you with 308 natural ways to enrich your personal life and home. Time-honored folk remedies that show step by step how to mix vinegar with other kitchen staples to:

- Improve your metabolism
- Aid digestion
- Help lower cholesterol
- Uses for middle ear problems
- Condition problem skin
- Fight age and liver spots
- Gain soft, radiant skin
- Amazing hair treatments
- Relieve nighttime leg cramps
- Soothe sprained muscles
- Fight osteoporosis with calcium
- Help headaches fade away
- Corn and callus relief
- Aid to maintain health
- Skin rashes, athlete's foot
- Relieve insect bites Remedy for urinary problems
- Use for coughs, colds Destroy bacteria in foods

- Heart and circulatory problems
- · Fight high blood pressure

And the above is only a brief sample of the 308 uses for vinegar you'll learn about.

You'll know how grandma's recipe for her famous pie crust depends on a spoonful of apple cider vinegar.

How a combination of vinegar and fruit juices relieves arthritis symptoms and other aches and pains.

Try a delicious low calorie, calciumand-iron rich chicken soup and vinegar recipe.

Combine your favorite herbs with vinegar to create tenderizers, mild laxatives, mouth washes, tension relievers, and mouthwatering tasty salad dressings and more.

Of course, we all know the cleaning power of vinegar. But Emily Thacker's research has uncovered a host of new money-saving ways to keep your home, laundry, clothing, brass, copper and other possessions sparkling clean. And with less effort.

You'll also delight in making and bottling your own special vinegars. It's so simple to follow Emily's recipes. Homemade vinegars make such wonderful gifts. You could even end up selling your creations to food and gift shops.

And get ready for many compliments when the family and friends bite into those delicious pickle treats you make. Yes, 308 remedies and recipes are

yours to enjoy on a no-risk trial basis for

90 life-improving days. Imagine, three full months without obligation to keep this exclusive, one-of-its kind book.

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